

REGISTRATION

Registration begins August 13 at 9am online at www.nsnh.bc.ca or in person at John Braithwaite Community Centre (JBCC) located at 145 W 1st Street or North Shore Neighbourhood House at 225 E 2nd Street. Contact Karin Weidner at (236) 985-5507 for more information.



North Shore
Neighbourhood
House

General Information

Accessibility Levels

Not Accessible (NA)	No walkers or wheelchairs, active participation, and medium to long walks over uneven surfaces and stairs.
Partially Accessible (PA)	Medium walks over uneven surfaces and stairs, no wheelchairs, and limited walker access.
Accessible (A)	Walkers welcome, light activity with short walks and relatively level terrain.

Cancellation:

A trip may be cancelled 1 week before the start date if not enough people have registered. Unless otherwise indicated, all bus trips start and end at North Shore Neighbourhood House (NSNH) located at 225 East 2nd St. in North Vancouver.

Generally, NSNH does not provide refunds for bus trips or special events. If there is a waiting list and we can sell your spot, we may be able to refund the fee. A full refund will be given for any trip or event that NSNH cancelled. The Seniors Program Coordinator may authorize a refund for exceptional circumstances.

Fall 2026 Bus Trips Seniors 55+

Bus departs from NSNH 225 E 2nd Street

Day Trips	Day	Date	Time	Price
Squamish Canyon	Thu	Sep 10	9:30am-3pm	\$55
Fraser River Discovery Centre	Thu	Sep 17	9:30am-3pm	\$34
VanDusen Botanical Garden	Thu	Sep 24	10am-3pm	\$26
Fall Colors in Stanley Park	Thu	Oct 8	10:30am-3pm	\$22
Richmond Country Farms Market	Thu	Oct 22	10:30am-3pm	\$26
New Oakridge Park Mall	Thu	Oct 29	10am-3pm	\$24
Brunch at Birdies & Bosa Foods	Thu	Nov 5	10am-2:30pm	\$20
Guilford Town Centre	Thu	Nov 19	10am-3pm	\$25
Bloedel Conservatory	Thu	Nov 26	10am-3pm	\$30
VanDusen Festival of Lights	Thu	Dec 3	3pm-8pm	\$26
North Shore Christmas Lights Tour	Thu	Dec 10	3:30pm-7:30pm	\$27



Squamish Canyon

Not Accessible

9:30am-3pm Thursday September 10 \$ 55

Price includes Admission and Guided Tour

Squamish Canyon is located near Mamquam Falls in Squamish. This new eco-attraction features a 1.5 km to 1.7 km elevated boardwalk that winds through a coastal rainforest, high-level views of the canyon and waterfalls. Lunch (extra cost) is at the Forest Lounge or bring your own. The Boardwalk contains about 80 stairs.



VanDusen Festival of Lights

Partially Accessible

3pm – 8pm Thursday December 3 \$ 26

Price includes Admission, Guided Tour and Light Meal

Experience a magical winter wonderland with more than one million lights decorating this enchanting winter garden that awaits with themed areas, tasty treats, unique light features, and holiday music. This trip is partially funded by the Vancouver Botanical Gardens Association (VBGA).



North Shore Christmas Lights Drive

Partially Accessible

3:30pm - 7:30pm Thursday December 10 \$ 28

Enjoy your tour of some of the most stunning holiday sights and lights on the North Shore. For fans of twinkling lights and dazzling displays, this really is the most wonderful time of the year. Enjoy a Hot Chocolate (extra cost) at Park & Tilford as you stroll through the garden lights.



Guildford Town Centre
Accessible

10am-3pm	Thursday	November 19	\$ 25
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Guildford Town Centre is Surrey’s largest shopping mall, and the third largest in the Metro Vancouver region. The mall features over 200 stores, services, and restaurants and is the top destination for brands and dining. Take advantage of the savings to complete your Christmas shopping list.



Fraser River Discovery Centre
Accessible

9:30am-3pm	Thursday	September 17	\$ 34
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Price includes Admission and Guided Tour
 The Fraser River Discovery Centre is a modern, family-friendly museum located on the waterfront boardwalk in New Westminster, British Columbia. It features hands-on educational exhibits showcasing the environment, economy, and diverse cultures connected to the Fraser River.



Bloedel Conservatory
Accessible

10am-3pm	Thursday	November 26	\$ 30
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Price includes Admission
 Enjoy Brunch (extra cost) at an iconic Diner and visit the Bloedel Conservatory. Located in Queen Elizabeth Park, the Conservatory is a domed lush paradise with more than 100 exotic birds and 500 exotic plants and flowers that thrive in this temperature-controlled environment.



VanDusen Botanical Garden
Accessible

10am-3pm	Thursday	September 24	\$ 26
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Price includes Admission, Guided Tour and Light Meal
 VanDusen Botanical Garden is a 55-acre oasis with over 7,500 plant species and varieties from around the world! A guided tour is led by an Environmental Educator. This trip is partially funded by the Vancouver Botanical Gardens Association (VBGA).



Fall Colors in Stanley Park
Accessible

10:30am-3pm
Thursday
October 8
\$ 22

Treat yourself to a delicious lunch (extra cost) at the legendary *Stanley’s Bar and Grill Restaurant*, then soak up all the beautiful foliage in Stanley Park.



Richmond Country Farms Market
Partially Accessible

10:30am-3pm
Thursday
October 22
\$ 26

Enjoy lunch (extra cost) at *The Old Spaghetti Factory* - an Italian style restaurant, where every entree is served with hot fresh baked bread, soup or a crisp green salad, and a scoop of their signature spumoni or vanilla ice cream. Then visit the Farm Market to choose your ideal Halloween pumpkin or stock up on seasonal local produce.



New Oakridge Park Mall
Accessible

10am-3pm
Thursday
October 29
\$ 24

Visit Vancouver’s new Oakridge Park Mall. From haute couture to street style, you’ll find the most established and innovative names in fashion. Then dine in style (extra cost) at the famous *Time Out Market* showcasing award-winning chefs.



Brunch at Birdies
Accessible

10am-2:30pm
Thursday
November 5
\$ 20

Dine (extra cost) at the best new Brunch spot in Burnaby. *Birdies* is a California inspired restaurant known for irresistible and unique flavours and delicious meals. After brunch, enjoy shopping at Bosa Foods, a leading importer of specialty Italian, Mediterranean and European food products.