

North Shore neighbourhood house



Summer in the Park Family Playgroup

Family Playgroup Drop-in

Tuesdays
& Thursdays

Wednesdays

10:00am-12:00pm
July 8-August 12,
2026

Semisich Park
200 Block between
West 1st & West 2nd
Street

Join our FREE
outdoor drop-in
program with your
children up to 6
years old.

Facilitated by NSNH
Parent Community
Developers

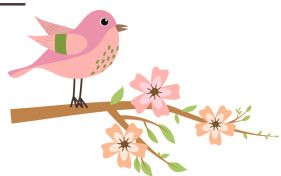
Note: Playgroup is
weather dependent
For more
information please
email
frahami@nsnh.bc.ca

10:00am-11:30am
July 7-August 13,
2026

NSNH Family
Resource Centre
located at John
Braithwaite
Community Centre
145 West 1st St.

Join our FREE
playgroup drop-in
program with your
children up to 6
years old.

Story time by NV
City Library & book
bike. Facilitated by
NSNH Parent
Community
Developers
For more
information, please
email
frahami@nsnh.bc.ca



North Shore Community Resources



Singing Under the Sun

Mondays
10:30 am-11:30 am
July 6-August 24
Heywood park, 1633
Mackay Ave.



Contact:
ghazal.ghaziani@nscr.ca

Singing Under the Sun

Wednesdays

10:30am-11:30am
July 8-August 26



St. Andrew's United
Church, 1044 St Georges
Ave
Contact;
xiaotong.yang@nscr.ca

Outdoor Storytime with City Library

Tuesdays
10:30am-11:30am
July 7-August 11

Thursdays
10:30am-11:30am
July 8-August 13

St. Andrew's Park, 211
East 11th Street
Contact :
aleysha.karmali@nscr.ca

Ray Perrault Park,
Grand Blvd W
Contact :
patricia.asbun@nscr.ca



Free Things to Do With Your Baby or Child On the North Shore Summer 2026

Funded by Public Health Agency
of Canada

Canada

Child Care Resource & Referral (CCRR) West Vancouver

Consultation &
referral regarding
child care options &
information about
affordable child care
benefits (ACCB).
Phone: 604-910-7564
Email
maja.kocova@nscr.ca
marlene.allbright@nscr.ca

Child Care Resource & Referral (CCRR) North Vancouver

Consultation &
referral regarding
child care options and
information about
affordable childcare
benefit program.
Phone: 604-985-7138
E-mail: nscr@nscr.ca



Helpful Information

24 Hour Crisis Line: 604-872-3311

24 Hour Women's Crisis Line: 604-987-3374

Poison Control: 1-800-567-8911

Sage House: 604-987-3374 (all services confidential) Transition house for women and children seeking shelter.

Harvest Project : 604-983-9488

HelpLine for Children: 604-310-1234 24HR report of child abuse and neglect.

Information Children, Parent Helpline: 778-782-3548

Pacific Post Partum Support Society 604-255-7999

For Mothers with Young Children or Pregnant Women

NS Supported Child Development 604-998-0131

Intended for children who require extra support to be included in a child care setting due to a developmental delay.

Infant Development Program (IDP): 604-986-1358

Early years public health nurse program, Vancouver Coastal Health (VCH). For general health questions: 604-883-6754

Parent Peer Support worker-604-878-3400

Website: www.familysmart.ca

Please note that programs are subject to change without notice.

Parkgate Community Services



Playgroup in the Park

Mondays

9:30am-11:00 am (rain or shine)
July 6, 13, 20, & 27

Lynnmour Playground, Inter-River Park,
995 premier Street
For more information
email: atodhunter@parkgatesociety.ca



Summer Wrap up event

Monday,
August 31

9:30-11:00 am

Lynnmour Playground, Inter-River Park,
995 premier Street

For more information

email: atodhunter@parkgatesociety.ca



hello
SUMMER

Thrive Family Programs



Baby basics

Thursdays
9:30-11:30 and
1:00pm-2:30pm

Thrive Maplewood

0-18 months
Drop-in for social
connection, support
and baby fun.

Breastfeeding & Postpartum Support

Thursdays
10:00am-12:00pm

CNV Library (*3rd Floor)

Join us for breastfeeding and
postpartum support and baby
time drop-in sessions.

Pancakes & Play for Dads & Male Caregivers

Sundays

9:30am-11:30am

Thrive Maplewood

Drop-in to play, learn, and
connect with your children
and other dads/male
caregivers. Join us for free
pancakes.

Family Drop-in

Monday/Tuesday/
Wednesday
9:30am-12:00pm
Fridays
9:30-11:30

Thrive Maplewood
Drop-in
Enjoy **outdoor**
learning, and child-
led play



North Shore Community

Resources

Summer 2026



CAPCHP Program

Our Community
Action for Prenatal
and child Health
program (CAPCHP)
supports the health
of pregnant people,
infants and young
children (0-6) and
families through
free fun and
educational
workshops. For more
information contact
our CAPCHP
coordinator,
Fariba.aghdassi@nscr.ca

CAPCHP Program Parent Activity Group

We offer free monthly
workshops and
activities to support
you on your parenting
journey! Please keep
an eye out for
upcoming Flyers
throughout the
community.

To register for our
Parent Activity Group
contact:
Aleysha.Karmali@nscr.ca

Capilano Community Services



Family Playgroup Drop-in

(0-5 years)

Mondays & Wednesdays
10:30 am-12:00 pm

Family Playgroup Drop-in

(0-30 months)

Tuesdays & Thursdays
10:30 am-12:00 pm
July 6-August 27



For more information email
xi@capservices.ca