



North Shore
Neighbourhood
House

SUNSHINE SONG TIME FREE DROP-IN

Join us for a fun and interactive Mother Goose inspired experience focusing on the pleasure and power of rhymes and songs, language development, and parent-child bonding.

Vancouver Coastal Health Public Health Nurses visit the program each week and provide client education, counselling and referrals for topics on **Breastfeeding, Nutrition, Dental, Sleep, Play, Immunizations, Child Behaviour, Speech/Language, Hearing, and other health care questions/concerns.**



MONDAYS

APR 13 - JUN 22, 2026

(CLOSED MAY 18)

10:30 - 11:30AM

(BIRTH-18 MONTHS)

Family Resource Centre
John Braithwaite Community Centre
145 West 1st Street, North Vancouver

Funded by Public Health Agency of Canada
Community Action for Prenatal and Child Health Program (CAPCHP)

Canada

 NORTH VANCOUVER
Recreation
& Culture