



North Shore
Neighbourhood
House

SUNSHINE SONG TIME FREE DROP-IN

Join us for a **fun and interactive** experience focusing on the pleasure and power of rhymes and songs, language development, and parent-child bonding.

Vancouver Coastal Health Public Health Nurses visit the program each week and provide client education, counselling and referrals for topics on **Breastfeeding, Nutrition, Dental, Sleep, Play, Immunizations, Child Behaviour, Speech/Language, Hearing, and other health care questions/concerns.**



MONDAYS
JAN 12 - MAR 9, 2026
(CLOSED FEB 16)
10:30 - 11:30AM
(BIRTH-18 MONTHS)

Family Resource Centre
John Braithwaite Community Centre
145 West 1st Street, North Vancouver



FIRST YEARS COUNT:
Our Children, Our Community, Our Commitment
North Shore Community Agencies Working Together for Children
Funded by Public Health Agency of Canada
Community Action Program for Children (CAPC)



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Canada