



# SUNSHINE SONG TIME FREE DROP-IN

Join us for a **fun and interactive** experience focusing on the pleasure and power of rhymes and songs, language development, and parent-child bonding.

**Vancouver Coastal Health Public Health Nurses** visit the program each week and provide client education, counselling and referrals for topics on **Breastfeeding, Nutrition, Dental, Sleep, Play, Immunizations, Child Behaviour, Speech/Language, Hearing, and other health care questions/concerns.**

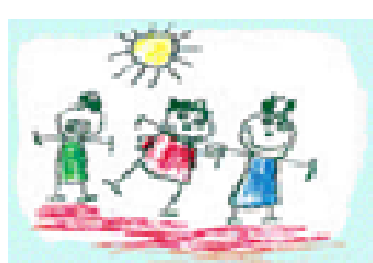


**MONDAYS**  
**JAN 12 - MAR 9, 2026**

(CLOSED FEB 16)

**10:30 - 11:30AM**  
**(BIRTH-18 MONTHS)**

Family Resource Centre  
John Braithwaite Community Centre  
145 West 1st Street, North Vancouver



**FIRST YEARS COUNT:**  
Our Children, Our Community, Our Commitment  
North Shore Community Agencies Working Together for Children  
Funded by Public Health Agency of Canada  
Community Action Program for Children (CAPC)



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**Canada** 