



# Parenting Webinar

**FREE**



**Tuesday 7-8:30pm  
May 14, 2024**

**With  
Dr. Vanessa Lapointe**

## **Discipline Without Damage**

When a child is threatening a meltdown in the grocery aisle, or losing it in the classroom, is it really possible to keep your cool, get the behaviour turned around, and support healthy development, all at the same time?! Following from Dr. Vanessa's bestselling book on this same topic, parents, caregivers, educators, and big people of all kinds will discover how discipline affects children's development, why our reactions to children's behavior should reinforce connection instead of introduce more upset, and why the disciplinary strategies that may have been used on us as children or that you may have learned in your post-secondary training are not the ones that children really need. You'll learn the basic and impactful truth behind Dr. Vanessa's mantra "See it, feel it, be it," and the the foundation of a healthy, effective approach to discipline that respects each child's developmental needs... and works!

**For families with children up to 6 years old**

For **registration** and to receive zoom link, email Farah at [frahimi@nsnh.bc.ca](mailto:frahimi@nsnh.bc.ca)

Financial contribution from  
**Canada**

